



# Central Academy

The best in everyone

Part of United Learning

DMA/LFA

1<sup>st</sup> September, 2023

Dear Parents/Carers

I hope you have had a good summer and are ready for the start of a new academic year. We have had a really busy summer with lots to celebrate and I can't wait to write to you early next term in our first newsletter of the academic year. I would like to welcome our new Year 7 parents to the school and hope you and your child are excited about starting your secondary journey with us here at Central.

Before the summer break, I did write to parents outlining the return to school and I am pleased that the plan remains the same. Below is a reminder of some key information for the return to school:

### Student Return Dates

- **Monday 4<sup>th</sup> September – Teacher Training Day**
- **Tuesday 5<sup>th</sup> September – Years 7, 11, 12 & 13 return**

The school site opens at 8:15 am and students enter via Lismore Place. At 8:25 am the school day begins and any students arriving late must go to main reception to sign in.

At 8:25 am students will line up in forms on the astro-turf to be handed their timetables. Years 11, 12 & 13 will then go to form at 8:35 am. Year 7 students will have an assembly before having Period 1 with their form tutor. The school day will then run as normal.

### Wednesday 6<sup>th</sup> September – All Students Return

The school site opens at 8:15 am and students enter via Lismore Place. At 8:25 am the school day begins and any students arriving late must go to main reception to sign in.

At 8:25 am students will line up in forms on the astro-turf to meet their tutor and get ready for the day ahead. Students will then be escorted to their form rooms for our reintegration session during Period 1. From Period 2, the school day will then run as normal.

### The School Day

A reminder the school day will be changing from September in-line with DfE guidance, to enhance students learning experience and provide students with enough time to embed deep concepts. Below is the school day:

**Central Academy**

Victoria Place

Carlisle CA1 1LY

**t** 01228 822060

Attendance Line 01228 822070

**e** [info@rrca.org.uk](mailto:info@rrca.org.uk)

**www.rrca.org.uk**

Years 8, 10, 12 & 13		Years 7, 9, 11	
Activity	Time of Day	Activity	Time of Day
Tutor Briefing	08:25 – 08:35	Tutor Briefing	08:25 – 08:35
Lesson 1	08:35 – 10.15	Lesson 1	08.35 – 10.15
Lesson 2	10.15 – 12.15	Break	10.15 – 10.35
Break within Lesson 2	11.05 – 11.25	Lesson 2	10.35 – 12.15
Tutor Time/Reading	12.15 – 12.50	Lunch	12.15 – 12.45
Lunch	12.50 – 13.20	Tutor Time/Reading	12.45 – 13.20
Lesson 3	13.20 – 15.00	Lesson 3	13.20 – 15.00

You will see that we are allocating time with Tutors during the school day alongside our whole school reading programme; ‘Drop Everything and Read’. A reminder that the school site will be open from 8:15 am until 4.30 pm for students to allow for our breakfast club and any extra-curricular activities.

### Uniform

A reminder our uniform expectations can be found on our school website [HERE](#). In our recent newsletter, we provided a number of ways you can request support purchasing your school uniform. A reminder, if you are entitled to free school meals you can receive a grant for school uniform via Cumberland Council – this is a quick and easy process and can remove some of the financial pressures within our school community.

In addition, we are very much aware that some families that do not meet the threshold may need further financial support. Therefore, please contact the school via email if you would like to see what we have in our ‘boot room’. We would also welcome any donations for our boot room so we are able to continue supporting families moving forward.

A reminder, all students should carry a school bag and will be issued a bag if they do not have one with them. We also advise all students to bring their PE kit on the first day just in case they have a PE lesson. If you have any queries, please contact our uniform mailbox at [uniform@rrca.org.uk](mailto:uniform@rrca.org.uk)

### Breakfast, Break & Lunch

We are pleased to announce our new partnership with Taylor Shaw catering. Please see new draft menus for September [HERE](#) alongside the medical request form [HERE](#) for any dietary requirements your child may have. If your child requires a specific diet please complete the form and submit by Monday 4<sup>th</sup> September, 2023.

The Academy will open from 8:15 – 8:30 am for breakfast in the school canteen, this will start from Monday 11<sup>th</sup> September. Students will also be able to take advantage of snacks at breaktime as well as a meal at lunchtime. More information including our price list is on the school website which you can view [HERE](#). If you are new to the school, you should already have received your parent pay information so your child can purchase food on their first day. If you’ve not received this information, please email [info@rrca.org.uk](mailto:info@rrca.org.uk)

### Bike Safety

Many students travel to the Academy using bikes. This will continue to operate the same way as last academic year. Please refer [HERE](#) for key information about cycle routes to and from school. It is vital that students wear the appropriate safety equipment including a helmet when travelling to and from school as the roads around the city centre are very busy, especially at the end of the school day. We also cannot accommodate any electric scooters on school site as this method of travel is illegal.

### **Principal's Live Broadcast & Year 7 Welcome**

On Wednesday 6<sup>th</sup> September we will have a Year 7 welcome evening. This will take place in school from 4:00 – 5:00 pm. For all other years there will be a live broadcast running from 5:30 – 6:30 pm.

The presentation will include the following information:

- Key staff introductions
- Academy expectations – including standards, uniform and attendance
- Rewards
- Assessments and Parents' Evening
- Attendance
- Teaching and Learning
- Curriculum and the school day
- Education with Character
- Homework
- Key contacts

You can access the event via our school website and a recording will be made available if you are unable to watch the meeting live. All live participants will have the opportunity to ask questions at the end of the presentation. Links to the live broadcast will be on the school website.

Thanks again for all of your support over the summer. We are really excited to welcome students back to the Academy for a new term and a new year. However, if you have any questions, please feel free to email the school email on [info@rrca.org.uk](mailto:info@rrca.org.uk) and a member of staff will contact you with a response.

Enjoy the rest of your summer break!

Kind regards



**Mr Markham**  
**Principal**